

A4TS Deep Tissue Disclaimer

The intentions of this disclaimer is incase you think that your just tough stuff & “you can have someone press as hard as they want, you can’t be hurt”, and of course, so that you don’t hold me liable. Please realize that this Deep Tissue Technique you would like to receive is serious business. All of the 1 footed Barefoot strokes are acceptable for all body types. Where, all of the 2 footed strokes are very intense & are typically recommended for those who are thick muscled, weigh about 200 lbs & are definitely somewhat of a massage connoisseur. Please understand, you may experience pain, stiffness, soreness, skin irritations, marks, headaches, sinus congestion &/or bruises. Drinking plenty of water & detoxifying with a dry sauna, steam, Jacuzzi or hot bath will accelerate & extend the true benefits of this massage. You must agree to communicate with me concerning pressure constantly throughout our session(s). Please communicate with me concerning pressure constantly throughout our session(s). I can deliver as much pressure as you prefer, but if you choose to receive compression on a higher level than that of the therapeutic range I’m delivering, I will not be held responsible for aggravating a condition that may already be present. Not only is your communication regarding pressure very important, but along with your focus on deep breathing & relaxing; your body will feel like a million dollars.

Ashi 4 The Starz™
Make Your Body Feel Like A Million Dollars

Client's Signature: _____ Date: _____
MT's Signature: _____ Date: _____